

Booklet of Daily Prayer with the Team calendar



The Mysteries of the Rosary

Father Eyquem's prayer to Mary

Towards Thee, I lift my eyes Holy Mary, Mother of God;

for I would like to make of my house a house where Jesus comes, according to his promise when several are together in his name. You welcomed the angel message as a message coming from God, and you received, because of your faith, the incomparable grace to welcome God himself in you. You opened your house's gate to the shepherds then to the Wise Men none bothering about his poverty or his wealth.

Be the host who receives at home.

So that those who need comfort may receive it; those who wish to give thanks may do it; those who look for peace may find it.

And that each one could go back home, happy to have met Jesus,

Himself, the Way, the Truth, the Life.

Fr. Joseph Eyquem, OP, Founder of the Rosary Teams

The prayer of the Rosary Teams

"Go into the whole world and proclaim the gospel to every creature" (Mark 16:15): this is the raison d'être of the Rosary Teams. To live this vocation, the Teams use the Rosary prayer in a very special way; indeed, they do not pray whole rosaries. Therefore, they are not rosary prayer groups.

First of all, what is the Rosary?

The Rosary is a Marian prayer centered on Christ. It consists of twenty Mysteries. Each represents an event in the life of Jesus or the Virgin Mary. In the Christian sense, the Mystery is a sign that reveals something, which is given to us to help us see the invisible. The Mysteries of the Rosary, when meditated, are signs of God's love manifested in Christ and of the salvation which he obtains for us. All these Mysteries are like the summary of the Gospel.

The **Hail Mary** takes up the words of the angel at the Annunciation that inaugurate the Incarnation of Christ and those of Elizabeth at the Visitation. In this prayer, the believer joins the **Magnificat** of the Virgin for the work of salvation that has started in her. In the school of Mary, he listens to the Word of God and lets himself be taught while contemplating Christ.

The Rosary is a source of abundant graces. It is composed of the following prayers:

The Apostles' Creed

• I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

The Our Father

• Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

The **Hail Mary**

• Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

The Glory be to the Father or doxology

• Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

What is the Rosary Teams specificity?



- Once a month, together in a house, the Rosary Team members meditate on the Word of God in connection with a single Mystery of the Rosary, using the monthly leaflet.
 - Every day, personally, with the Daily prayer booklet, they pray one of the twenty Mysteries.

This little bit of prayer allows people who are not used to praying to learn slowly but surely, with Mary, to know Christ. It also helps people to pray regularly.

How to use the Daily prayer booklet?

√ The number in the Team

Each member of the Team receives, once and for all, a number between 1 and 20.

In the calendar grid, at the intersection of the horizontal line of the number in the Team and the vertical line of the day of the month, everyone will locate the Roman numeral that corresponds to the Mystery of the Rosary that he has to meditate that day.

✓ A different Mystery to meditate every day

The daily Mystery is meditated in communion with the members of the Team while associating all the members of the Movement. Thereby thousands of whole rosaries are prayed during the day. They form a great worldwide prayer chain.

Daily prayer: how?

Just follow these steps: Statement of the Mystery • Fruit of the Mystery • Reading of the Word of God • Silence • Meditation • Intentions • Our Father • 10 Hail Marys with their clausulae • Doxology.

The clausulae: a little phrase that develops what our prayer meditates on. It is inserted after the name of Jesus, as a hinge between the first and second part of the *Hail Mary*: "Blessed art thou among women, and blessed is the fruit of thy womb, Jesus... [clausulae]. Holy Mary, Mother of God..."

The Doxology: it gives glory to the Father, to the Son and to the Holy Spirit, and constitutes the Trinitarian summit of contemplation.

The Fruit of the Mystery is the grace that we receive and deepen when we meditate on the Mystery. It comes from both the gift God gives us and our meditation.

The prayer of the Rosary Teams can also, gradually, help people to love the entire rosary prayer.

And it is a real grace. **But be careful:** if a member wishes to pray an entire rosary, he will do so in addition to his daily Mystery. **These are two clearly distinct times of prayer.**

The prayer of the Rosary Teams is a gift from the Spirit for our times.

The Virgin Mary entrusts it to us. **So let us respect this prayer**, keep its charisma and not distort it.

✓ Joyful Mysteries:

I Annunciation; II Visitation; III Nativity; IV Presentation of Jesus at the temple; V Finding of Jesus in the temple



✓ Luminous Mysteries:

VI Baptism of Jesus; **VII** Wedding at Cana; **VIII** Proclamation of the Kingdom; **IX** Transfiguration; **X** Eucharist

✓ Sorrowful Mysteries:

XI Agony; XII Scourging; XIII Crowning with thorns; XIV Carrying of the Cross; XV Crucifixion

✓ Glorious Mysteries:

XVI Resurrection; XVII Ascension; XVIII Pentecost; XIX Assumption; XX Coronation of Mary

DAY OF THE MONTH															
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5	V	VI	VII	VIII	IX	X	XI	XII	XIII	XIV	XV	XVI	XVII	XVIII	XIX
6	VI	VII	VIII	IX	X	XI	XII	XIII	XIV	XV	XVI	XVII	XVIII	XIX	XX
7	VII	VIII	IX	X	XI	XII	XIII	XIV	XV	XVI	XVII	XVIII	XIX	XX	I
8	VIII	IX	X	XI	XII	XIII	XIV	XV	XVI	XVII	XVIII	XIX	XX	I	II
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17	XVII	XVIII	XIX	XX	I	II	Ш	IV	V	VI	VII	VIII	IX	X	XI
18	XVIII	XIX	XX	I	II	Ш	IV	V	VI	VII	VIII	IX	X	XI	XII
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My number in the Team (I can highlight the corresponding line)

DAY OF THE MONTH															
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The Joyful Mysteries

I • The Annunciation



The Gospel of Luke 1:28-38 • The angel went to her and said, "Greetings, you who are highly favored! The Lord is with you." Mary was greatly troubled at his words and wondered what kind of greeting this might be. But the angel said to her, "Do not be afraid, Mary; you have found favor with God. You will conceive and give birth to a son, and you are to call him Jesus. He will be great and will be called the Son of the Most High. The Lord God will give him the throne of his father David, and he will reign over Jacob's descendants forever; his kingdom will never end." "How will this be," Mary asked the angel, "since I am a virgin?"

The angel answered, "The Holy Spirit will come on you, and the power of the Most High will overshadow you. So the holy one to be born will be called the Son of God. Even Elizabeth your relative is going to have a child in her old age, and she who was said to be unable to conceive is in her sixth month. For nothing is impossible to God." "I am the Lord's servant," Mary answered. "May your word to me be fulfilled." Then the angel left her.

Meditation • The salutation of the angel upsets Mary. The angel understands that she is disturbed. He reassures her and tells her the mission that God entrusts to her. The dialogue is established between them and Mary freely accepts to do the will of God.

Intentions • Virgin Mary, Mother of God, intercede for:

- the children who die before birth and for their mother.
- the couples who cannot have children.
- those who do not dare to believe that God has a plan of love for them.

Fruits of the Mystery

- · Adherence to the will of God
- Humility

Clausulae

- 1 Jesus, announced by the angel.
- 2 Jesus, the Son of the Most High.
- 3 Jesus, foretold by the prophets.
- 4 Jesus, the Savior of the world.
- 5 Jesus, sent by the Father.
- 6 Jesus, the Messiah awaited by Israel.
- 7 Jesus, true God and true Man.
- 8 Jesus, whose coming upsets your plans.
- 9 Jesus, who comes to dwell in you.
- 10 Jesus, who wants to live in our hearts.



The Gospel of Luke 1:39-47 • At that time, Mary got ready and hurried to a town in the hill country of Judea. She entered Zechariah's home and greeted Elizabeth. When Elizabeth heard Mary's greeting, the baby leaped in her womb, and Elizabeth was filled with the Holy Spirit. In a loud voice she exclaimed: "Blessed are you among women, and blessed is the child you bear! But why am I so favored, that the mother of my Lord should come to me? As soon as the sound of your greeting reached my ears, the baby in my womb leaped for joy. Blessed is she who has believed that the Lord would fulfill his promises to her!" And Mary said: "My soul glorifies the Lord and my spirit rejoices in God my Savior..."

Meditation • On the word of the angel, Mary goes in haste to get to Elizabeth service. Filled with the Holy Spirit, Elizabeth confirms that Mary carries in her womb the Son of the Most High. John the Baptist leaps for joy. Joy is established, and faith grows in the heart of the two women. And Mary praises God. Magnificat!

Intentions • Virgin Mary, Mother of God, intercede:

- for expecting mothers.
- for those who expect our support.
- so that we are able to open our heart and our home to the people in need.

Fruits of the Mystery

- Charity
- Service to the neighbor

Clausulae

- 1 Jesus, acknowledged as Lord by Elizabeth.
- 2 Jesus, Child of Promise...

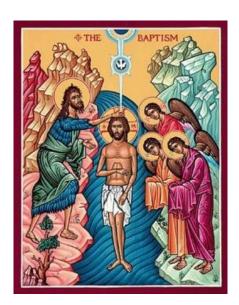
III • The Nativity

IV • The Presentation at the Temple

V • The Finding of Child Jesus in the Temple

Luminous Mysteries

VI • Baptism of Jesus in the Jordan River



The Gospel of Luke 3:21-22 • When all the people were being baptized, Jesus was baptized too. And as he was praying, the heaven was opened and the Holy Spirit descended on him in bodily form like a dove. And a voice came from heaven: "You are my Son, whom I love; with You I am well pleased."

Meditation • On the first day of creation God's voice sounded to bring the world out of nothingness. This is the same voice that sounded on the day of Jesus' baptism by John in the Jordan, and identified Jesus as the beloved Son of the Father. Jesus came to associate himself with the sinners who are called to conversion, Jesus is invested in his mission of the Son who is to be the Savior of the world.

Intentions • Virgin Mary, Mother of God, intercede:

- for those preparing for baptism.
- so that the baptized may remain faithful to their baptism.
- so that we constantly revive the grace of our baptism.
- for those who are called to a mission in the Church.

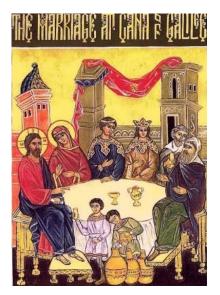
Fruit of the Mystery

Filial grace

Clausulae

- 1 Jesus, who comes to be baptized by John.
- 2 Jesus, who descends into the waters of the Jordan.
- 3 Jesus, who prays.
- 4 Jesus, upon whom the Spirit rests.
- 5 Jesus, who knew no sin.
- 6 Jesus, who is in solidarity with sinners.
- 7 Jesus, who is designated as Son.
- 8 Jesus, begotten Son of the Father.
- 9 Jesus, the Lamb of God.
- 10 Jesus, the Savior of the world.

VII • The Wedding at Cana



The Gospel of John 2:1-11 • A wedding took place at Cana in Galilee. Jesus' mother was there, and Jesus and his disciples had also been invited to the wedding. When the wine was gone, Jesus' mother said to him, "They have no more wine."[...] His mother said to the servants, "Do whatever he tells you." Nearby stood six stone water jars, the kind used by the Jews for ceremonial washing, each holding from twenty to thirty gallons. Jesus said to the servants, "Fill the jars with water"; so they filled them to the brim. Then he told them, "Now draw some out and take it to the master of the banquet." They did so, and the master of the banquet tasted the water that had been turned into wine.

What Jesus did here in Cana of Galilee was the first of the signs through which he revealed his glory.

Meditation • So that the party should not be ruined if the wine is missing, Mary intervenes and intercedes with Jesus. This water changed into wine is the symbol of the joy of the wedding that Christ comes to celebrate with humanity.

Intentions • Virgin Mary, Mother of God, intercede:

- for engaged couples.
- so that Christian families give testimony of their love.
- so that we are willing to do what Christ asks of us.
- so that we should be attentive to the difficulties experienced in families.

Fruit of the Mystery

Trust in God

Clausulae

- 1 Jesus, who is invited to the wedding.
- 2 Jesus, who shares the joy of men...

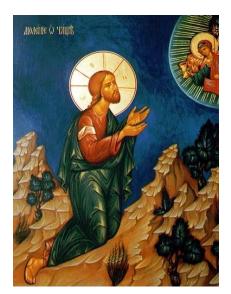
VIII • Christ's Proclamation of the Kingdom of God

IX • The Transfiguration

X • The Institution of the Eucharist

◆ The Sorrowful Mysteries

XI • The Agony of Jesus



The Gospel of Mark 14:33-38 • Jesus took with him Peter, James and John, and began to be very distressed and troubled. And he said to them, "My soul is deeply grieved to the point of death; remain here and keep watch." And he went a little beyond them, and fell to the ground and began to pray that if it were possible, the hour might pass him by. And he was saying, "Abba! Father! All things are possible for you; remove this cup from me; yet not what I will, but what you will." Then he returned to his disciples and found them sleeping. "Simon," he said to Peter, "are you asleep? Could you not keep watch for one hour? Watch and pray so that you will not fall into temptation."

Meditation • In a great loneliness, Jesus goes through a night of anguish. But like the Father, he wants to achieve Salvation for the world by freeing the captive from death. By the gift of his life, Jesus pays the ransom that is required by evil and death.

Intentions • Virgin Mary, Mother of God, intercede:

- for those who live in isolation and anxiety.
- for those who experience betrayal.
- for those who despair because they have to bear too heavy hardship.
- so that our heart opens up to the distress of our brothers.

Fruits of the Mystery

- Sorrow for our sins
- Repentance

Clausulae

- 1 Jesus, who is in agony in the Garden.
- 2 Jesus, betrayed by one of his disciples...

XII • The Scourging

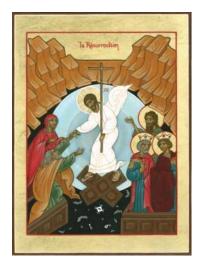
XIII • The Crowning with Thorns

XIV • The Carrying of the Cross

XV • The Crucifixion

♦ The Glorious Mysteries

XVI • The Resurrection



The Gospel of Matthew 28:5-7 • The angel said to the women: "Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here; he has risen, just as he said. Come and see the place where he laid. Then go quickly and tell his disciples: 'He has risen from the dead and is going ahead of you into Galilee. There you will see him."

Meditation • The body of Jesus, bruised, tortured, taken down from the cross on Friday night, on the eve of Sabbath day, could not be "embalmed" according to the customs. Early in the morning the women come to the tomb to perform these rituals. The tomb is opened. The body is no longer there. Christ has conquered death! Death could not hold in his bonds the one who is Life himself!

Intentions • Virgin Mary, Mother of God, intercede:

- for the Pope, the bishops responsible for overseeing the Catholic faith received from the Apostles.
- so that the joy of the Resurrection illuminates our lives.
- for those who are in search of truth.
- for the unbelievers.

Fruit of the Mystery

Faith

Clausulae

- 1 Jesus, who conquered death.
- 2 Jesus, who is resurrected according to the Scriptures...

XVII • The Ascension

XVIII • Pentecost

XIX • The Assumption

XX • The Coronation of Mary



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International edition – April 2021